

## HVNA 1 year Auriculotherapy training at the HVNA

*Auriculotherapy* is a treatment method with a range of indication areas in which the external ear is used as an input medium for therapy-specific diagnostics and treatment. On the external ear a representation of other body parts is found. It is therefore a microsystem therapy, just like, for example, hand and foot reflexology, but much faster and more profound in terms of effect. Auriculotherapy is popular not only for its clear embryological, neuroanatomical and neurophysiological approach, but also for its accurate and simple applicability. "Auriculo" often uses punctures (and is then called 'ear acupuncture'). It is also known for manual and other stimulations and these are central to this training program.

### **Embryological, neuro-anatomical and neurofysiological background**

In the AUR-SI training you will become acquainted with the world of ear acupuncture: historical development and the current international context. The model of action is explained on the basis of embryological, neuro-anatomical and physiological backgrounds of auriculotherapy. Auriculotherapy has at least one strong scientific aspect: on the basis of anamnesis and physical examination you can reason out what you will expect to find in therapy-specific research that you expect to find. It will be reproducible by others, which ear tips you expect to find. And after treatment of these tips often the previously found objective phenomena will have disappeared again. Interventions are therefore often predictable, objectifiable, controllable and reproducible.

### **Practical and interactive**

The course is interactive in design. In addition to the necessary theory, there is room for a lot of practical exercise: on silicone ears and on the ears of fellow students. Besides, exercise and application of the VAS will be taught. At the end of the course, you will have a range of different treatment strategies.

### **Training days**

The AUR-SI training consists of 10 training days on the following dates:

- Friday 2nd September
- Friday 16th September
- Friday 14th October
- Friday 11th November
- Friday 9th December
- Friday 13th January

- Friday 17th February
- Friday 17th March
- Friday 14th April
- Friday 2nd June

Partly because of the intimate relationship between the microsystem of the auricle and embryology, several days are classified according to embryological origin of the different organ systems.

## Teacher

Toine Korthout: doctor, acupuncturist and pdb-hbo certified teacher

## Location

Dorpshuis De Oude School, Kerkplein 4, 6672 LB in Hemmen

## Cost

€ 1490,--, this includes an extensive syllabus, practice material, coffee/tea and lunches on all days.

You will receive an invoice by e-mail.